

SAM Soccer Tournament 2025 Rules and Regulations

1. **AGES:** Competitors must meet the following age requirements:
 - SECONDARY (Grades 9 to 12) born in 2007 to 2010*,
 - SENIOR (Grade 7 and 8) born in 2011 or 2012*, and
 - JUNIOR (Grades 4 to 6) born in 2013 to 2015*.

Team lists must be submitted with a copy of each players health card and a (OSR) photo to identify them.

*Younger students may play in older divisions upon written approval by SAM.

Players can only play on one team unless they have received approval by SAM.

2. **GIRLS DIVISION:** To accommodate all team requirements, during the girls' tournaments, all attending coaches, support staff and spectators must be female. We thank you for your cooperation in this accommodation.
3. **EVENTS:** There will be competition for a TCC Soccer Tournament secondary boys, secondary girls, senior boys, senior girls, junior boys and junior girls champion.
4. **ELIGIBILITY:** Junior may dress 13 players maximum and 6 players minimum. Senior may dress 15 players maximum and 7 players minimum. Secondary teams may dress 18 players maximum and 9 players minimum. Teams may not bring more than the maximum number of players. Teams that do not have the minimum number of players will forfeit the game. All players must appear on the game sheet. Players must be current students in good standing and good health. Injured students will not be allowed to play.
5. **ENTRIES:** Each school may play up to two teams per division.
6. **RULE BOOK:** F.I.F.A. Rule Book rules will apply, unless otherwise specified.
7. **OFFICIALS:** A referee will be assigned to each game. Two referees will be assigned to each final games.
8. **UNIFORMS:** All players must wear school team jerseys with visible numbers on the back. All players must wear shin guards. Injured students wearing casts or braces will not be allowed to play. No hats are allowed.

9. **AWARDS:** For each division there will be:
- Gold Trophy for the 1st Place team, gold medals for each member of the team.
 - Silver Trophy for the 2nd Place team, silver medals for each member of the team.
 - Bronze medals for each member of the 3rd Place team.
10. **GENERAL REGULATIONS:**
- Secondary teams will play 11 vs 11 format, including goalie on full field. Senior teams will play 9 vs 9 format, including goalie, on half field. Junior teams will play 7 vs 7 format, including goalie, on quarter field.
 - All games will consist of two 10-15 minute halves, with 5 minutes rest between halves. The exact timings will depend on the final schedule.
 - All Divisions will play in a Round Robin Format. Three (3) points are awarded for a win and one (1) point for a tie. At the conclusion of the regular games, teams will be ranked according to points. Game point differentials will be considered in case of team ranking ties.
11. **TIE BREAKING PROCEDURE:** If a playoff, semi-final or final game is tied at the end of regulation time, the game will advance to penalty kicks. Each team will select five (5) players from those on the field at the conclusion of the game. These five (5) players shall take penalty kicks alternately. The team who wins the coin toss chooses who will kick first. The winner will be the team scoring the most penalty kicks. If still tied, the remaining players shall take penalty kicks, one from each team alternately, the winner being the team that is ahead after any pair of penalty kicks. Again, the winner of the coin toss will choose who will kick first.
12. **SCHEDULING:** Secondary Boys and Girls Division games will play on Wednesday, June 11, 2025. Boys will play at the Iceland Fields and Girls will play at the outdoor Paramount fields.
- Boys Senior and Junior Division games will play on Thursday, June 12, 2025. Senior Boys will play at the Paramount Fine Foods Centre outdoor fields and Junior Boys will play at the PFFC SportsPlex indoor field.
- Girls Senior and Junior Division games will play on Friday, June 13, 2025. Senior Girls will play at the Iceland outdoor fields and Junior Girls will play at the PFFC SportsPlex indoor field.
- Schedules will be forwarded closer to the event.
13. **WEATHER:** Games will be played in all weather conditions, except in case of thunder and/or lighting. In some cases of heavy rain, the venue officials may deem the fields unplayable and games will be cancelled.

14. ADMINISTRATION:

- a) Schools must register teams by **Monday, May 5, 2025**.
Team lists must be submitted by **Friday, May 23, 2025**. Team lists must include each player's name, birthdate and School Grade currently enrolled in. Team lists must be submitted with a copy of each player's health card and a (OSR) photo to identify them.
- b) All teams must be accompanied by a designated coach.
- c) Senior and Secondary Divisions will play with size #5 balls, and Junior Division will play with size #4 balls.

15. DISQUALIFICATIONS:

- i) A player who receives a red card or 2 yellow cards is removed from the game.
- ii)
 - 1. A player who accumulates his/her third yellow card of the tournament in a game must sit out the following game.
 - 2. Cards given for the following reasons will not result in an additional game disqualification: illegal substitution; delay of game; fails to provide required distance, handling the ball.
- iii) If a player receives a fourth yellow card or second red card, he/she will be suspended for the remainder of the tournament.
- iv) Any player who receives a yellow card must immediately be substituted ("Cooling Off Period"). He/she can return to the game on the next stoppage of play.
- v) Coaches are expected to uphold professional and respectful conduct at all times. Any coach found to be violating the rules of conduct may face disciplinary actions, including but not limited to removal from the playing area, awarding of a penalty kick to the opposing team, forfeiture of the ongoing match, or complete disqualification from the tournament. All decisions regarding disciplinary actions are at the discretion of the tournament organizers and referees, and shall be final.

16. **SUBSTITUTIONS:** Player substitutions will only be permitted after a goal, before a goal kick or before a team's own throw-in. However, if a team chooses to substitute before their own throw-in, the other team may also substitute at this time. Coaches must notify the referee before player substitutions.

17. RULES OF PLAY:

Safety is our first priority.

Referees: Referees will enforce all rules of play. The Referee is ALWAYS right. Any communication with the Referee must be done through the coach/captain.

Start of game: Teams must be ready to play on time on the field. Teams that are late may forfeit the game, and the win will be awarded to the other team. **The Convenor will make the final call.** Kick-off is taken at field centre and is determined by a coin toss.

The ball must move forward to start the half. Each player must be in his/her half of the field and at least ten yards away from the ball.

Player Equipment: Soccer cleats are required. Shin guards must be worn with long soccer socks to cover the shin guards. No jewellery will be allowed. Girls must wear a one-piece hijab and no pins may be used. Goalies must wear goalie gloves for the safety and protection of all players. No gum, candy or any other item may be in the mouth of the players.

Goalkeeper: Harassment of goalkeepers is not allowed. Opposing players must move away from the goalie once he/she has taken possession of the ball. The opposing players may not play the ball until it has left the penalty area. The six-second rule still applies.

Fouls and Misconduct: If a foul is committed and to stop play would give an advantage to the offending team, the referee may continue play by calling ADVANTAGE. Fouls/misconduct are called for pushing, holding, slide tackles, handballs, charging or tripping and will result in a free kick. The Referee will determine fouls and misconduct. If a referee has to do a drop ball, the play resumes when the ball hits the ground.

Throw-In: When the complete ball passes over a sideline, either on the ground or in the air, it shall be thrown in from the point where it crossed the line. It can be thrown in any direction by a player of the team opposite to that of the player who last touched it. The thrower at the moment of delivering the ball must be: facing the field of play, touching the ground with both feet outside the field of play, and delivering the ball from behind and over the head using both hands. The Referee will enforce this rule based on his/her discretion.

Free Kicks: An indirect free kick is signaled by a raised hand, which remains raised until the kick is taken. A goal may not be scored on an indirect free kick until the ball has been played or touched by a second player of either team. Players can score directly from a direct free kick, penalty or a kick-off.

Penalty Kicks: Only Senior and Secondary Teams will play with Penalty Kicks. Penalty kicks are awarded to the attacking team when a player commits a foul in their own penalty area. The penalty kick is taken twelve yards out from the goal.

Goal Kicks: When the complete ball crosses over the goal-line, outside of the goal (through the air or on the ground) and was last touched by a player from the attacking team, it shall be kicked into play by the defending team inside the goal area. The kicker may not touch the ball again until it has left the penalty area and been touched by another player on either team.

Corner Kick: A corner kick is awarded to the attacking team when the defending team kicks the ball over their own goal line. A goal may be scored directly from a corner kick.

Ball In and Out of Play: The ball is out of play when it has completely crossed the goal-line or side-line, either on the ground or in the air, or when play has been stopped by the Referee. The ball is in play at all times, except as listed above, and including: rebounds off of a goalpost, corner flag, Referee, or Coach, on all throw-ins, goal kicks, or free kicks when the action is taken.

Handball: When there is deliberate handling of the ball, carrying, propelling or striking the ball with the hands or arms.

Second Touch: A player putting a ball into play cannot touch the ball again until it has been touched or played by another player. Violations will result in a free kick for the opposing team.

Method of scoring: A goal is scored when the ball completely crosses the goal line into the goal.

Offside: Only Senior and Secondary Teams will be playing with offside rules. Offside is when an attacking team member does not possess the ball and is nearer to the opponent's goal-line than the ball and the second-last opponent.

Headers: To prevent concussions, headers will not be allowed for the junior divisions. Headers will be allowed for both senior and secondary divisions.

18. PARENT/SPECTATOR EXPECTATIONS:

- **Respectful Behaviour:**
Parents and spectators must show respect towards all players, coaches, officials, organizers, and fellow spectators at all times.
- **Positive Encouragement:**
Cheer positively and respectfully, encouraging good sportsmanship and fair play from all participants.
- **No Coaching from Sidelines:**
Please refrain from instructing or coaching players from the sidelines; allow coaches to lead their teams.
- **Respect Officials' Decisions:**
All referee and organizer decisions are final. Disputes or objections should never be voiced publicly or aggressively.
- **Appropriate Language:**
Profane, discriminatory, abusive, or otherwise inappropriate language or behaviour is strictly prohibited and will result in removal from the premises.

- **Safety and Boundaries:**

Spectators must remain in designated viewing areas and are prohibited from entering the playing field at any time.

- **Clean Environment:**

Please help us maintain a clean and safe environment by disposing of all garbage appropriately.

Failure to adhere to these expectations may lead to disciplinary actions, including warnings, removal from the tournament premises, or, in severe cases, potential consequences for associated teams.

Thank you for helping ensure a positive and enjoyable tournament experience for everyone!

